***THE APPLICATION OF PROBLEM BASED LEARNING MODEL TO INCREASE THE LEARNING RESULTS OF THE FOURTH GRADE STUDENTS B IN SDN ASMI ON MY HABITUAL EATING SUB-THEME***

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***ABSTRACT***

*This research is aimed to increase the learningresults including affective, cognitive and psychomotor aspects and healthy life awareness of students by applying problem based learning model on my habitual eating sub-theme. This research was done at SDN Asmi with the fourth grade students as the participants. Less awareness of healthy life and the learning resultss involving affective, cognitive and psychomotor are the reason causing the students’ values being under Minimum Criteria of Mastery Learning (KKM). This problem occurred because the teacher often uses one speech method which is monoton and not applying problem based learning model. The Classroom Action Research method is applied on this research by using cycle system such as, preparation, implementation, observation, analysis and reflection. The two cycles with three lessons each which areapplying problem based learning model was completely done. Moreover, the instruments used are test and non test. The results shows that the average value of the learning results including affective aspect are increasing. The learning results cycle I consist of the affective average value has 66 points, the cognitive average value has 79 points, and psychomotor average value has 76 points. However, the learning results cycle II are the affective average value has 74 points, the cognitive average value has 90 points and the psychomotor average value has 80 points. On the affective aspect especially healthy life valuation, the average value on cycle I is lower than the average value on cycle II. The barrier of learning by applying problem based learning is this model needs much time to be done. Good handling on students is the effort to solve the barrier. In conclusion, applying problem based learning model can be the alternative solution to be applied on the other lessons.*

*Keywords: problem based learning, healthy live, the learning results, the barrier, and the effort*