

ABSTRACT

This research stems from the identification of issues related to Employee Performance. The issues observed in this study are Leadership and Work Stress. The purpose of this research is to determine the influence of Leadership and Work Stress on Employee Performance at PT. Pos Indonesia (Persero) Asia Afrika Branch Office Bandung, both partially and simultaneously. The research method used is descriptive and verificative, with data collected through questionnaires distributed to 50 respondents. The sampling technique employed is non-probability sampling. The research instrument was tested using validity and reliability tests. The data analysis methods used include the Method of Successive Interval, multiple linear regression, multiple correlation, and coefficient of determination. The results of the study indicate that there is a simultaneous influence of leadership and work stress on employee performance of 86%. Partially, the influence of leadership on employee performance is 11.56%, and the influence of work stress on employee performance is 74.41%.

Keywords: Leadership, Work Stress, Employee Performance