

CHAPTER III

RESEARCH METHOD

In this chapter, the researcher explains systematically the steps that are used in answering the research questions. This research methodology includes the research approach, research design, object of the research, data collection technique, research instruments, and technique of data analysis.

3.1 Research Approach

In this part, the research approach used greatly influences the data collection carried out. Apart from that, the research approach carried out must be appropriate to the object of the research. To answer the existing research questions, the research approach used by the researcher is a qualitative research approach. According to Crosswell (2018), qualitative research is an approach to explore and understand the meaning individuals or groups ascribe to social or human problems.

In this study, the use of a qualitative approach is considered quite good and effective in analyzing and collecting data. Apart from that, one of the main reasons why the researcher uses a qualitative approach is because the object and topic being discussed in this research is a novel that contains sentences. Apart from that, a qualitative research method is a research method based on the philosophy that is used to analyze scientific conditions in which the researcher

as an instrument, the data collection and analysis technique carried out more focused on meaning (Sugiyono, 2018).

3.2 Research Design

In the research, we need a design to assist the researcher and focus on designing the research. According to Tika (2015), research design is a plan for how to collect, process, and analyze data in a systematic and directed in order the research can be carried out efficiently and effectively by the research objectives. There are many ways to collect the answer, one of which is using the descriptive method which is a part of qualitative research.

In this research, the researcher uses a descriptive qualitative method to answer the research question. According to Sugiyono (2017), the qualitative descriptive method is research that depicts, writes, or explains the condition of the object under study as it is, according to the situation and conditions that occur. This type of research explores the mental health that the main characters in the novel might have. This research also involves data collection techniques which be written in the form of words.

3.3 Object of The Research

In the research literature, rarely do people use psychology as their focus in their research, only a few people use psychology literature as their research, and the researcher decided to use psychology literature as the focus in the research. For instance, the discussion carried out in this research relates to the

mental health problem of the novel's main character, where mental health is part of psychology. According to Sugiyono (2017) definition a research object is an attribute or trait or value of a person, object, or activity with certain variations that the researcher presses to study and then draw conclusions. In this research, the author chose the novel Overlord by Kugane Maruyama as the main object of his research.

3.4 Data Collection Technique

Document analysis technique is the technique used in this research and the forms of sentences in the novel will be used as instrument data. According to Sugiyono (2018), documentation is one of the methods used to obtain data and information in books, archives, documents, written numbers, and images in the form of reports and information that can support research. Document study is a complement to the use of analytical methods and is more reliable.

3.5 Research Instrument

To strengthen and give the validation data, the researcher needs a research instrument as a tool to find the data. There is a way to do, namely:

1. Observation Checklist

In this research, the researcher used an observation checklist in qualitative research. The observation checklist is a crucial instrument in analyzing

objects for qualitative research so that the information processed and collected is accurate. According to Creswell (2015), observation is an activity that observes phenomena or events that occur in a place. The observation checklist helps researcher's find concrete information in existing research questions, namely 'What are the characteristics of the main character in the novel Overlord by Maruyama analyzed by using Hippocrates' theory?' and 'What are the main character's mental state in Maruyama's Overlord novel as analyzed by using APA theory?' This instrument is used in the ongoing process when the researcher analyzes the data.

3.6 Technique of Data Analysis

In this part of the analysis, the researcher starts to observe and re-read the novel at the first volume. This data analysis it be done based on the approach and theory used in this research. Based on the analysis that was carried out, there are 3 ways, namely:

1. Preparation Data

- Download the novel Overlord
- Read the entire novel
- Write down the data that have been conducted
- Analyzing of collection data
- Grouping the answers

2. Analysis Data

- Read the novel that has been prepared
- Record existing findings
- Re-identify the data that has been obtained and analyze it again

3. Report and Interpret the Result

The last thing the researcher does after completing the previous two things, the researcher needs to prepare the data that has been recorded in written form which is arranged neatly and based on the field notes instrument. The researcher creates a final result from the data that has been provided previously. The results of this research contain the characteristics of the main character and the mental health that the main character has, which of course is based on the theory of Hippocrates and also the APA (American Psychology Association).

