

Abstract

This study discusses the relation between antihero characteristics and maladaptive coping mechanism on the main character of catch-22. This study is conducted by using qualitative method. The data obtained is analyzed and supported by relevant theories such as antihero theory by M.H Abrams and Coping theory by Lazarus and Folkman. The result of this study shows that coping mechanism that Yossarian uses is maladaptive. The maladaptive coping mechanism is the reason of why Yossarian possesses antihero characteristic. The maladaptive coping mechanism that Yossarian uses are: (1) Anxious avoidance and escaping as his coping mechanism which makes him dishonest; (2) Detachment and denial trigger him to achieve less (ineffectual); (3) blaming others and self-blaming resulting Yossarian do something embarrassing (ignominious); (4) the frequent drinking behavior trigger Yossarian to care about small and unimportant things (petty). M. H Abrams classifies antihero characteristics as someone who is dishonest, ineffectual, passive, ignominious, and petty.

Key words: Catch-22, Yossarian, antihero, coping mechanism, maladaptive coping mechanism