

ABSTRACT

This research is entitled "The Relationship between Self-Acceptance and Resilience in Adolescents at the Putera Harapan Muhammadiyah Bandung Children's Social Welfare Institution". Teenagers who live in orphanages are different from teenagers who have permanent families, they tend to be more inferior, passive, apathetic, withdrawn, easily discouraged, afraid and anxious. In situations like this, the ability to bounce back or resilience is needed. a person's ability to recover from a bad situation and become stronger during the process of overcoming it. Resilient teenagers will be more resistant to stress, which means they experience fewer emotional and behavioral disorders. One of the factors that can influence resilience is self-acceptance. Self-acceptance will enable teenagers to understand and respect themselves and others so that they can have an optimistic attitude towards the life they live. The aim of this research is to describe and analyze self-acceptance and resilience, as well as the relationship between self-acceptance and resilience in adolescents at the Putera Harapan Muhammadiyah Bandung Children's Social Welfare Institution. The research method used is a quantitative correlational research method. This research used sampling with a saturated sample or census totaling 34 respondents. The targets of this research were teenagers at the Putera Harapan Muhammadiyah Bandung Children's Social Welfare Institution aged 13-20 years. The data collection techniques used in this research are documentation studies, observations, interviews, and distributing questionnaires to respondents. Research measuring instruments use an ordinal scale and a model scale likert. Hypothesis testing in this research uses correlation Rank-Spearman. The results of the research show that there is a relationship between self-acceptance and resilience in adolescents at the Putera Harapan Muhammadiyah Bandung Children's Social Welfare Institution of 0.324, this shows a sufficient correlation, so it can be said that if self-acceptance is good then the child's resilience will be good as well and vice versa if self-acceptance is not good, the child's level of resilience will be low.

Keywords : Self-acceptance, Resilience, Teenagers, Orphanages