

Chapter I

Introduction

In this chapter the writer would describes the general description related to this research. Therefore, in this chapter there is a research background, identification of the problems, research questions, objective of the study, limitation of the study, and significant of the study.

1.1 Research Background

Raenissa is a writer of fiction stories or teen-lit novels. She has created many written works uploaded to an application called *Wattpad*. Not a few of her writings from the application were successfully published. Some of the stories that have been successfully published include *Bad Teacher*, *My Mute Boyfriend*, *My Petulant Boyfriend*, *My Angelic Boyfriend*, and *My Incurable Boyfriend*. Every novel she publishes has its own charm, and of course with a different plot. Among the several novels that have been published, there is one that makes the writer feel interested in the storyline, and is packed with interesting conflicts, that novel is *My Incurable Boyfriend* which the writer will also make as the object of research in this opportunity.

The object to be research is included in a novel series called *Boyfriend* that Raenisa created and published. The first series is *My Mute Boyfriend*, the second is *My Petulant Boyfriend*, the third is *My Incurable Boyfriend* which is the object to be

research by writer, the fourth series is *My Angelic*, and the last is *My Brainiac Boyfriend*. Every series has a different story but still with the same characters, and what differentiates it again is the number of readers in each series published on Wattpad. Because in this research, the writer only focused on one object, namely Raenissa's third series, *My Incurable Boyfriend*, therefore *My Incurable Boyfriend* has a total readers of 491 hundred thousand with a total of 42 chapters whereas in the novel there are 45 chapters.

Different with the previous novels that Raenissa has written, especially for *My Incurable Boyfriend*. *My Incurable Boyfriend* published on 2018, and this novel has its own charm in the story which makes writer feel the need to examine more deeply the issues in the story, regarding the personality of the main character, and the issues faced by the main character as well as around the personality of the main character. According to Sukada (2013: 53) literary works are not only related to social problems, but also to the psychological problems of the author, including in the novel that will be studied. It is these issues that make the writer feel that this needs to be discussed in more depth because that is what makes the story interesting.

Every human being must have their own personality, even though this is only a character in a novel, this statement also applies to a character in a novel. Every author has their own provisions in making the nature or personality of the characters in the novel like what. But usually, this works because it is inspired by the surrounding

environment, as well as experience and then the character or personality of the character is formed which is different from every character made by the author.

Maybe at first glance this novel looks like a typical youth novel or *teen-lit* that has mild conflicts or only raises issues that are not heavy, but this novel is not the case. Even though this novel is a youth novel, the issues raised in this novel are quite serious, related to psychology because in this novel the issue of multiple personalities or can be called dissociative identity disorder. In the novel there is a main character who has a personality that not everyone have, and it turns out that the personality can make the life change from before. It is the information, causes, effects, and characteristics of dissociative identity disorder in this novel really makes the research interested because there are many things that can make the situation and life of a person suffering from this disease change drastically from the previous life when the person was not aware of the disease was suffering from. Therefore the writer is interested in analyzing this more deeply but through a literary approach.

Basically, according to Davison et al (2006: 262). The cause of multiple personality does not occur due to the effects of psychoactive substances or general medical conditions, but the disorder is caused by appearing and being prolonged when the child has experienced trauma in childhood. So it is this issue that according to the writer is important to examine more deeply because the writer feels that nowadays there are not a few cases of adolescents who feel their mental health is disturbed due to trauma or circumstances that threaten them both verbally and non-

verbally. And because of that, through this novel, the writer will examine the issue of dissociative identity disorder using aspects of personality and psychology individual theory.

After considering, in the end the writer will focus on the research object in the form of a novel entitled *My Incurable Boyfriend*. In this research, the writer will examine the structure of the novel, each of main character's traits, and find out which personality type does main character have based on aspects personality by Sigmund Freud and theory psychology individual by Alfred Adler.

1.2 Identification of the Problems

From what has been explained in the background that the research focuses on personality issues or the main character's mental health whose name is Suga. The writer will focus on finding out structure the novel, how Suga's personality is in the novel, and which personality type does Suga have. Both of these will be carried out using aspects of personality and psychology individual.

1.3 Research Questions

Based on the background of the problems and issues which the writer thinks are important to discuss more deeply regarding the mental health of a character in the novel, therefore the writer finds three problem formulations that will be use in this research, as follows:

1. How are the structure of plot presented in the novel My Incurable Boyfriend by Raenissa?
2. How are the personality aspects of the main character?
3. What the types of Dissociative Identity Disorder does the main character have?

1.4 Objective of the Study

1. To describe how the structure of plot presented in the novel My Incurable Boyfriend.
2. To find out the personality aspects of the main character in My Incurable Boyfriend.
3. To find out the types of Dissociative Identity Disorder does the main character have.

1.5 Limitation of the Study

Based on the description of the background and the research problems that has been described, therefore this study has problem limitations only on analysis structure of plot in the novel, aspects of personality and Dissociative Identity Disorder towards the main character in this novel.

1.6 Significant of the Study

1. Theorically

- a. This research is expected to provide benefits to the development of the study of Indonesian literary works.
- b. This research is expected to provide benefits to the development of the study of psychological literature in Indonesia regarding concepts and knowledge.
- c. It is expected to supplement readers' insight into Dissociative Identity Disorder.

2. Practically

- a. Practically, the research is expected to make readers aware of Dissociative Identity Disorder which is reflected in Indonesian novels, and also realizes that the cases have soared recently.
- b. It is expected readers solve problems when they encounter problems related to Dissociative Identity Disorder.