

**PENERAPAN METODE *EXPRESSIVE WRITING THERAPY* DALAM
PEMBELAJARAN MENYAJIKAN TANGGAPAN TEKS ULASAN
BERFOKUS PADA STRUKTUR DAN ASPEK LISAN DI KELAS VIII SMP
PGII 1 BANDUNG**

ABSTRACT

The research is motivated by the low ability of students to provide responses to review texts. The causes include lack of self-confidence and public speaking skills, as well as the ineffectiveness of the teaching methods used by educators. One of the learning methods that can enhance students' self-confidence is Expressive Writing Therapy. The aim of this study is to evaluate the implementation of the Expressive Writing Therapy method and compare the abilities of students before and after its application, as well as to examine the differences in abilities between the control and experimental groups. The research methodology used is an experiment with a true experimental pretest-posttest control group design. The results of the study show that the author successfully conducted the learning process using the Expressive Writing Therapy method with a score of 3.7. Prior to implementing this method, the majority of students had not reached the minimum mastery criteria (KKM). They faced difficulties in creating review texts for short stories, particularly in terms of understanding the structure and oral aspects, and not utilizing their own perspectives in responding to a work. However, after applying the Expressive Writing Therapy method, the students were able to present responses to review texts effectively, as indicated by the average posttest scores of the experimental and control groups, namely $83.35 > 41.62$. There was a significant difference in learning outcomes between the experimental and control groups, supported by the Mann-Whitney U test with an Asymp.sig. (2-tailed) value of $0.000 < 0.05$. In conclusion, the implementation of Expressive Writing Therapy in presenting responses to review texts successfully improved the learning outcomes of the students in Grade VIII at SMP PGII 1 Bandung.

keywords: *speaking, review text, and expressive writing therapy method*