

EFFECTIVENESS OF ONLINE LEARNING IN SPORTS LESSONS IN ELEMENTARY SCHOOL

(Qualitative Descriptive Analysis with Literature Study Techniques)

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ABSTRACT

The analysis of this research is motivated by the difficulties in delivering online learning activities in sports subjects. The purpose of this study is to examine the extent to which online learning in sports subjects can be effective. The method used in this research analysis is library research through qualitative descriptive research by reviewing previous research with national journals, international journals, articles and books on the effectiveness of online learning in sports subjects. From the results of several previous journals, it shows that there is a change in online-based sports learning activities. The implementation of online learning in elementary schools can be effective when viewed from several factors. If you pay attention to these supporting factors, learning will be effective, because these factors greatly affect ongoing learning and affect the learning outcomes obtained, therefore teachers and students should always pay attention to factors supporting the effectiveness of learning so that the desired learning occurs. PJOK teachers in elementary schools have implemented various strategies so that online learning can still be effective. Some of the actions taken by PJOK teachers to be effective in carrying out online learning are: every meeting always assigns tasks to students, so that they continue to practice sports; The teacher always communicates with the parents of students in supervising the assignments given at the beginning of each lesson; and sports teachers always provide video media as a guide for students in carrying out practical assignments at home.

Keywords: Online learning, Effectiveness and Sports Learning