**PENERAPAN MODEL *PROBLEM BASED LEARNING* UNTUK MENUMBUHKAN SIKAP PERCAYA DIRI DAN MENINGKATKAN HASIL BELAJAR SISWA PADA TEMA I SUBTEMA 3 AKU MERAWAT TUBUHKU**

**(Penelitian Tindakan Kelas di Kelas I SDN Linggar V**

**Kecamatan Rancaekek Kabupaten Bandung)**

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**ABSTRAK**

Penelitian ini bertujuan untuk menumbuhkan rasa percaya diri, dan meningkatkan hasil belajar peserta didik melalui model *Problem Based Learning*pada Tema I Subtema 3 Aku Merawat Tubuhku. Penelitian tindakan kelas dilaksanakan di kelas I SDN Linggar V.Penelitian ini dilatar belakangi dengan keadaan siswa di kelas I SDN Linggar V yang kurang hasil belajarnya dikarenakan guru sering menggunakan ceramah konvensional, sedangkan dengan model-model pembelajaran yang lain khususnya model *Problem Based Learning*belum pernah dilaksanakan.

Penelitian ini menggunakan metode Penelitian Tindakan Kelas (PTK) dengan menggunakan sistem siklus yang terdiri dari perencanaan, pelaksanaan, observasi, analisis dan refleksi. Penelitian ini dilaksanakan dalam 3 siklus. Dalam tiap siklusnya dilaksanakan kegiatan pembelajaran dengan menerapkan model *Problem Based Learning*yang terdiri dari 5 tahap yaitu 1. Merumuskan Masalah, 2. Merumuskan jawaban sementara (hipotesis), 3.Menguji jawaban tentative, 4. Menarik kesimpulan, 5.Menerapkan kesimpulan dan generalisasi. Teknik evaluasi yang digunakan pada penelitian ini adalah teknik tes dan non tes. Teknik tes untuk mengetahui hasil belajar siswa, dan teknik non tes untuk mengetahui hasil blajar siswa dengan model *Problem Based Learning*.

Hasil penelitian menunjukkan bahwa penggunaan model *Problem Based Learning* dapat menumbuhkan sikap percaya diri, dan meningkatkan hasil belajar peserta didik. Hal tersebut dapat dilihat dari nilai rata-rata peningkatan hasil belajar peserta didik dari siklus I sampai siklus III, yaitu pada siklus I muncul hasil belajar 1,75 dengan kategori cukup, siklus II 2,62 dengan kategori baik dan siklus III 3,29 dengan kategori sangat baik.

Kesimpulan yang diperolah dari penelitian ini adalah, bahwa penggunaan model *Problem Based Learning* sangat menunjang terhadap tumbuhnya sikap percaya diri, dan peningkatan hasil belajar peserta didik pada tema I subtema 3 aku merawat tubuhku di kelas I Sekolah Dasar. Dengan demikian, penggunaan model *Problem Based Learning* dapat dijadikan salah satu model pembelajaran untuk diterapkan pada pembelajaran Tema I subtema 3 aku merawat tubuhku.

Kata kunci:*Problem Based Learning*, Sikap Percaya Diri, dan Hasil Belajar Siswa

**MODEL APPLICATION FOR A GROWING PROBLEM BASED LEARNING ATTITUDE AND CONFIDENCE IMPROVE STUDENT LEARNING OUTCOMES IN THEME I AM TAKING CARE OF MY BODY Subtheme 3**

**(Classroom Action Research on Class I SDN Linggar V**

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**ABSTRAK**

This study aims to foster self-confidence, and improve the learning outcomes of students through the model of Problem Based Learning in the first scene I Take Care of My body Subtheme 3. Action research conducted in class I SDN Linggar V. The background of this research to the state of students in class I SDN less Linggar V study results because teachers often use conventional lectures while the models of other learning models especially Problem Based Learning has never been carried out.

This study uses Classroom Action Research (CAR) using a system consisting of a cycle of planning, execution, observation, analysis and reflection. This study was conducted in three cycles. In each cycle of learning activities carried out by applying the model of Problem Based Learning which consists of five stages : 1. Defining the Problem, 2. Formulate a temporary answer ( hypothesis ), 3.Menguji tentative answer, 4. Draw conclusions, 5. Menerapkan conclusions and generalizations. Evaluation techniques used in this study is the engineering tests and non- test. Mechanical tests to determine student learning outcomes, and the non- test techniques to determine the outcome lern students with a model of Problem Based Learning.

The results showed that the use of the model of Problem Based Learning to foster an attitude of confidence, and improve student learning outcomes. This can be seen from the average value of the increase in the study of students from the first cycle to third cycle, in the first cycle of learning outcomes emerge with enough categories 1.75, 2.62 second cycle with a good category and the third cycle of 3,29 with very good category.

The conclusions obtained from this study is that the use of the model of Problem Based Learning is very supportive of the growing attitude of confidence, and improved learning outcomes of students on the theme of the first sub-theme 3 I take care of my body in the first grade elementary school. Thus, the use of the model of Problem Based Learning can be one of the learning model to be applied to learning the first sub-theme 3 theme I take care of my body.

Keywords : Problem Based Learning, Attitude Confidence, and Student Results.