

## ABSTRACT

*This Research was conducted to determine the comparison of work stress and workload on employee performance at PT. Insan Clothing Internusa in the Weaving Division of Sumedang Regency, both partially and simultaneously. The population in this study was 140 people and a total sample of 58 people. This research uses quantitative, data analysis used is multiple linear analysis, multiple freedom analysis, coefficient of determination analysis.*

*The results of this study indicate that Job Stress has a significant effect on Employee Performance of 31.2% and Burden has a significant influence of 21.3%. The variable that most influences the purchase decision is Job Stress. Work Stress and Workload has a significant effect on Employee Performance of 52.5% while the remaining 47.5% is needed by other factors that are not supported.*

*Keywords: Stress Work, Workload and Employee Performance.*