

ABSTRACT

This study aims to determine the effect of work stress and competence on employee performance at PT. MNC Play Media Bandung. PT. MNC Play Media Bandung is an internet service provider company (ISP). The research method used is descriptive and verification analysis. The object of research is employees of PT. MNC Play Media Bandung, with a total sample of 66 respondents. Analysis of the data used is using multiple linear regression analysis, multiple correlation analysis, simultaneous determination coefficient, partial determination coefficient.

The results showed that there was a significant and significant influence between job stress and competence on employee performance. The magnitude of the effect of work stress and competence on employee performance is 28.3%. While partially the effect of work stress on employee performance is -1.2% and the influence of competence on employee performance is 29.5%. It can be concluded that competency variables have the greatest influence on employee performance.

Keywords: Job Stress, Competence, Employee Performance