

## **ABSTRACT**

*This research begins with the discovery of problems that the performance of employees who do not meet the standards, especially on work discipline and employee stress at Mitra Global Holiday Bandung.*

*This study aims to determine the magnitude of the effect of work discipline and work stress on employee performance at Mitra Global Holiday Bandung either partially or simultaneously. The research method used is descriptive and verifikatif. The total population in this research is 52 employees of Mitra Global Holiday Bandung by using slovin method with error rate 5%. Data collection techniques used were observation, interview and distributing questionnaires. Analytical methods used are multiple linear regression, multiple correlation and coefficient of determination.*

*The results showed work discipline, work stress and employee performance at Mitra Global Holiday Bandung can be said to be good. Work discipline and job stress give a strong influence on employee performance that is equal to 57,4%. The influence of a strong variable is the work discipline with a coefficient of 0.3775, while the stress work a coefficient of 0.1968.*

*Keywords: Work Discipline, Job Stress and Employee Performance*